

1.37.11.8 – Selfies, the Individual Egotrip, and the Division of Consciousness



Dear synchronauts,

We live in an era where image has usurped spirit, and the reflection on the screen has replaced the mirror of the soul. Selfies, in their unchecked proliferation, have become altars of ego, where external validation supplants internal recognition. Particularly among women, this practice has fostered a distorted reality in which appearance eclipses authenticity, and

essence dissolves in the insatiable quest for virtual approval.

Women—ancestral bearers of cyclical wisdom, lunar rhythm, and heart knowledge—are being swept into a massive spiral of virtual self-obsession. What began as a simple gesture of self-representation has transformed into a hidden addiction, where each selfie is not merely a photo but a fragment of vital energy offered to the digital algorithm's altar. The issue is not one or two photos, but the unconscious compulsion that drives many to take dozens, hundreds, even thousands of images of themselves, seeking the best version, the best angle, the best “face” to be accepted, consumed, and rewarded with likes.



Digital narcissism has become normalized and, without our noticing, has evolved into an invisible religion. Social networks fuel this dynamic with illusory rewards: more followers, more visibility, more “value” in the attention economy. But at what cost? The soul disassociates, authenticity dissolves, and the female body, which should be a temple of creation, becomes an energetic commodity. This epidemic affects not only mental health but fragments consciousness. Each repeated selfie, each rehearsed gesture in front of the camera, adds another layer of separation from true essence. Women are being disconnected from their deep nature, and worst of all, this happens under the guise of empowerment. What empowerment lies in depending on others’ approval? What freedom is there in being chained to judgment?

Meanwhile, the planet burns. Bombs continue to fall—now also in Pakistan in a fierce conflict driven from India. In Gaza, blood flows as if it no longer matters. Ukraine has been virtually erased from the media map, again. Collective attention has been hijacked by perfectly designed distractions. And amidst this global chaos, a new Pope appears, Leo XIV, the first U.S. national, whose presence in the Vatican seems more like a geopolitical operation than genuine spiritual leadership. He has not uttered a single word about stopping the wars. No reference to a true global ceasefire, no urgent call for peace.

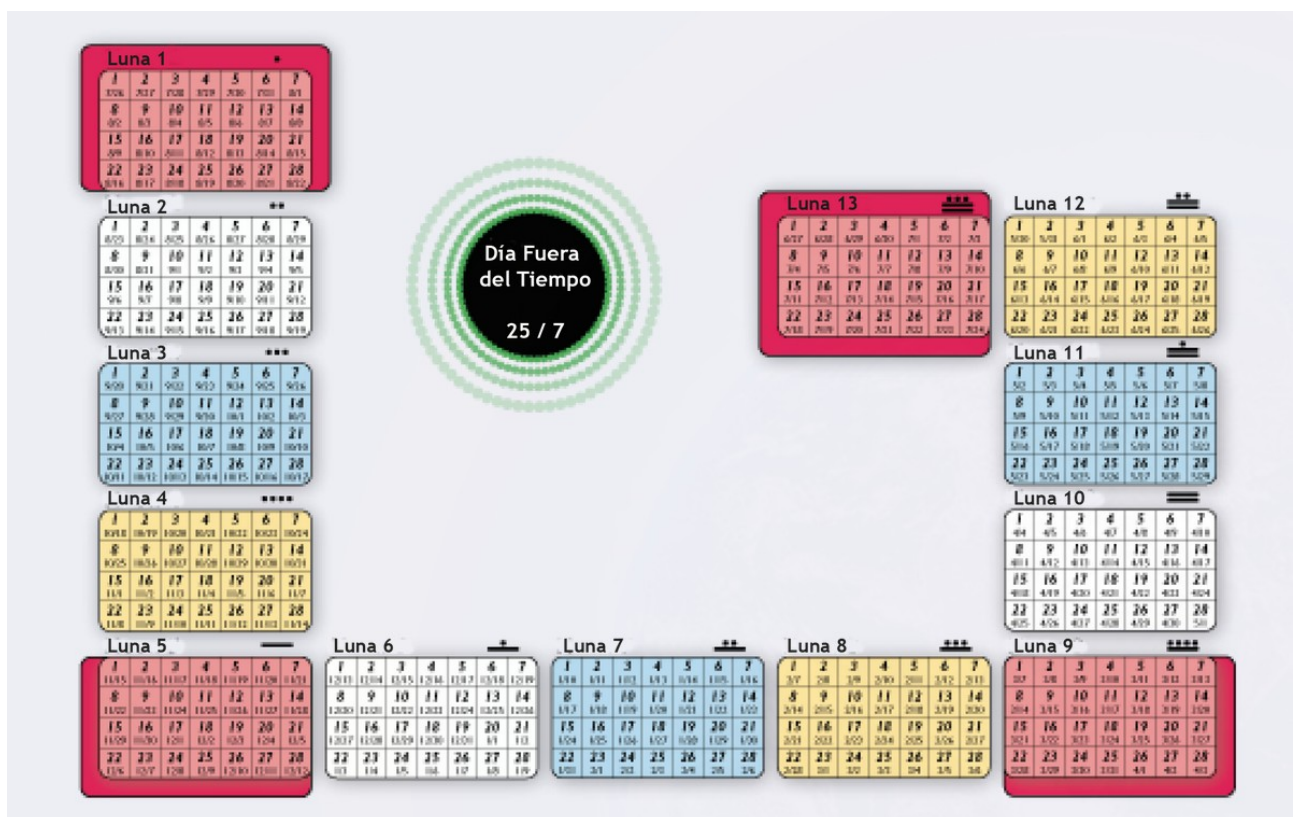
León XIV



The symbolism is strong: an American Pope fitting the prophecy of the “Black Pope,” mentioned by Saint Malachy as the final Pope in history. What does this mean? Is it coincidence or a perfectly synchronized play to manipulate the world from an ecclesiastical position? And furthermore, if there is a Pope, why isn’t there a Popeess? Women, instead of claiming that sacred spiritual role, in many cases use the language of spirituality as another tool to earn money, gain visibility, and attract “clients.” They sell services, channelings, and wellness sessions while, in many cases, remaining disconnected from the deep truths of consciousness. They practice yoga, study astrology, consume Eastern medicine... yet continue eating animals, remain anchored to the Gregorian calendar, and stay trapped in the web of their digital image.

The Church continues to uphold the calendar imposed by Gregory XIII, an artificial structure that severs natural connection with lunar and solar cycles. The new Pope shows no intention of promoting a return to the 13-Moon Synchronometer, let alone raising the Flag of Peace as a universal symbol. Everything remains as it was, disguised as renewal. But can there

be renewal without truth? Can there be spiritual evolution without questioning the artificial time that governs our lives?

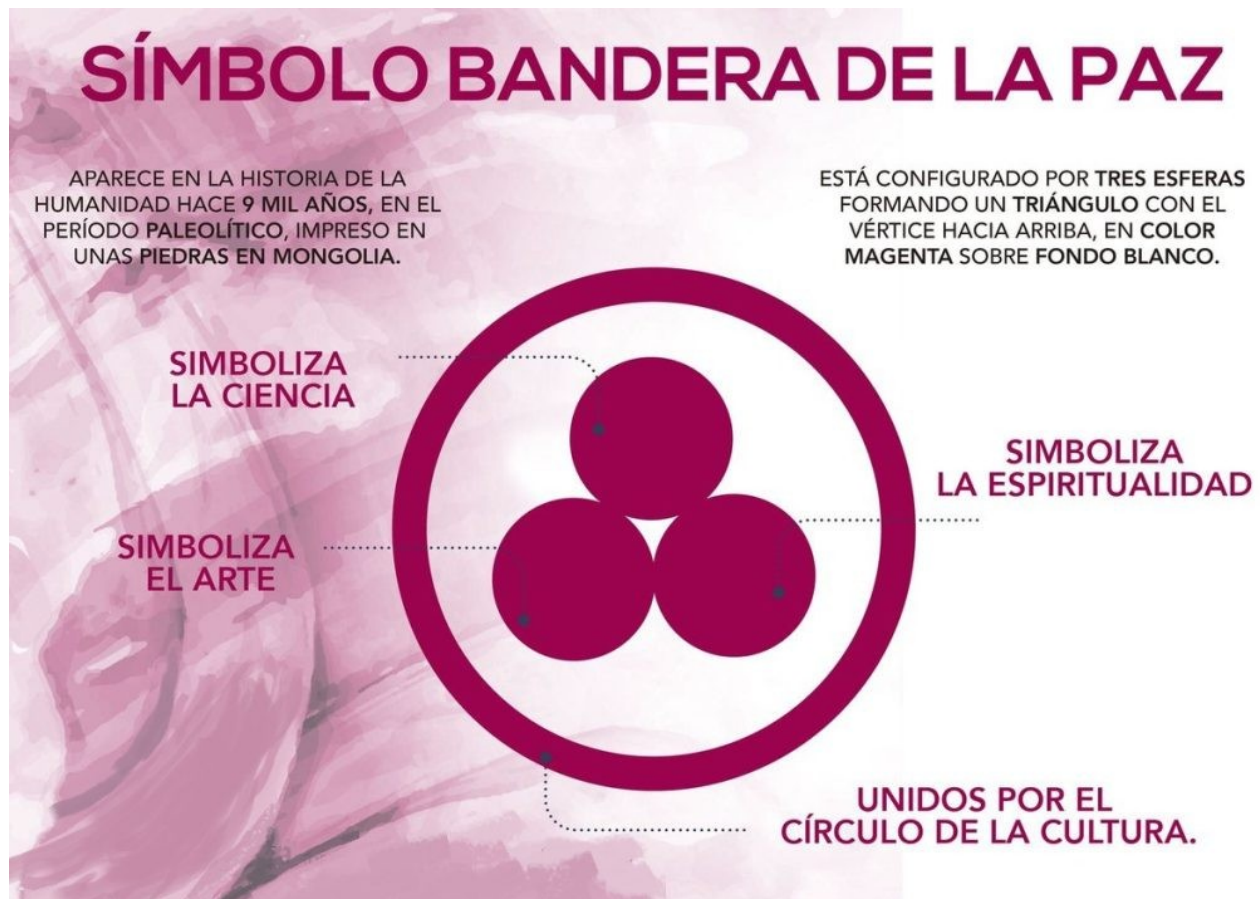


This is where we must return to the essential: everything is spiritual. Absolutely everything. It is not about beliefs or religions. Atheism and agnosticism are also faith structures. What truly matters is not what you believe, but the level of consciousness from which you live, eat, decide, and share your life. Could you kill all the animals you have eaten throughout your life? Could you take responsibility for even 10% of them? If not, what kind of consciousness are you inhabiting?

Modern deception is making us think we can be “spiritual” without coherence. That we can meditate in the morning and consume violence at noon. That we can speak of love and peace while collaborating with systems that generate suffering. That we can be free using filters.

In a world saturated with information and superficiality, it is imperative that women, in particular, reconnect with their spiritual essence. Beyond

appearances and trends lies the truth of being, the connection to natural cycles, and ancestral wisdom. It is time to transcend the individual egotrip and embrace a collective consciousness that honors authenticity, compassion, and harmony with life.



Because everything around us is levels of consciousness. And there is no path to the light without first dismantling the digital shadows that keep us asleep. The true revolution will be interior, intimate, and collective. And it will have no filters, hashtags, or selfies.

Sincerely,
Galactic Maya 999.